

How advocacy can help you have your say



My Rights, My Say



Did you know...?

All children have the right to have their views considered when decisions are being made about the support they get with their learning.

Children with additional support needs aged 12–15 have the right to be more involved in decisions that affect them.

My Rights, My Say is here to make that happen. Here's how we can help

We provide advocacy to help children have their voices heard when decisions are being made about their education and support



We can help if a child feels they are:



- Not getting the right type of support
- Not being listened to
- Being bullied
- Struggling with schoolwork or any aspect of school
- Struggling with anxiety or mental health
- Being excluded or sent home
- Not included in school life
- Not sure who to turn to for help.

Our advocacy workers can:



- Explain a child's rights to support at school
- Listen to the child, online or face to face, whatever suits them best
- Find out what is important to them and what they want to share with their school
- Attend school meetings with them
- Stand up for their rights
- Empower the child to speak up for themselves
- Help them understand why decisions have been made if different to what they wanted
- Explain other options that are open to them
- Help a child make a request for an assessment or a co-ordinated support plan from the education authority.

An advocacy worker won't:



- Take direction from anyone else apart from the young person
- Tell the child, family, school or local authority what they think is best for the child or family
- Act on behalf of the child's parent or carer.

"I felt like my advocacy worker being there and supporting me definitely made the school listen"

Pupil



To find out more or make a request for support:

www.myrightsmysay.org.uk